



# Schedule of Activities

## St. Catharines

### December 2018

Our Mission: The Niagara Folk Arts Multicultural Centre is a community based non-profit charitable organization whose team of professional staff and volunteers provide vital settlement services to newcomers as they strive to create a rewarding new life in Canada.

#### WHAT'S NEW?

English classes break for the Christmas Holiday on December 24 and resume on January 7. We wish you all a happy holiday!

Come to our **International Soup Festival** at the "Robby", Wednesday December 5 at 11:30am. Newcomer teams will cook a variety of soups from their countries of origin. Our guests can sample six different soups for \$ 8.

#### EMPLOYMENT

**Looking for a job?** We can help!!! Bring your job search questions to us. Call us at 905-685-6589 Ext. 231, email [jsw@folk-arts.ca](mailto:jsw@folk-arts.ca) or come to see us in Room 10. We can offer you the following:

**Specialized one-on-one sessions available:** Education and Training options, Career Planning, Resume & Cover Letter Writing, Interview Preparation, Credential Assessment information, Accessing Licensed Professions information and much more.

#### **Job Search Workshop (JSW):**

Offered each month. Learn about how to research your profession in Canada, what jobs are in demand, resumes, interviews and more.

**Practice Sessions: Come and practice with us!** Interview Skills, Public Speaking, Small Talk & Networking and Emailing for Job Search and more. Registration required.

#### **All Women's Swimming**

At Kiwanis Centre, every Sunday, 4:30pm to 6pm. Register with Zainab in Room 2.

#### SKILLS TRAINING

**"Excel for Entrepreneurs"** from Monday, Dec. 3 to Friday, Dec. 7, every morning from 9am to 12pm in our computer lab. Prior knowledge of Microsoft Office is required. Space is limited to 12 seats. To register, please call 905-685-6589 Ext. 231 or [jsw@folk-arts.ca](mailto:jsw@folk-arts.ca).

#### **Computer Training**

Offered every Wednesdays from 1pm to 3pm in our Computer Lab. To register, please call 905-685-6589 Ext. 231 or [jsw@folk-arts.ca](mailto:jsw@folk-arts.ca).

#### SETTLEMENT WORKSHOPS

**Child Protection in Ontario and Role of Family and Children's Services (FACS);** December 4. Two sessions available: 9:15am to 10:30am OR 10:45am to 12pm; Lower Hall "Robby".

#### **50+ Group**

#### **Cooking and Sharing**

Cooking a meal for a local shelter; Dec. 19; 12:30pm, in the "Robby" Kitchen.

**Volunteer Group: Making Multicultural Dolls for Children at our local Women's Shelter** Join Irene on Thursdays at 12:30pm, Room 9. Rag dolls for the community. Learn and give back! – Final day celebration on Thurs. December 20 at 12:30pm, Room 9.

#### EVENTS AND ACTIVITIES

#### **Practice conversational English with us**

- English Conversation Circle: Tuesdays, 12:30pm; Room 9
- Chit-Chat Group for ESL Level 3+; Wed. 1pm; Room 9.

**Cooking a Traditional Canadian Dinner for the Holiday Season,** from 9am to 1pm; Wednesday December 12. We can accept only 10 participants. Sign up in Room 2.

Join the movement of **Amnesty International's Write for Rights** letter writing event and your words can change a life. On Monday, December 10, from 2pm to 3pm at the "Robby", staff, newcomers, volunteers and community members will use the power of letter-writing to influence world leaders to protect individuals or communities whose human rights have been denied. For more information contact Josefina, Room. 2

Come to our first **Singing Competition** at the "Robby", Sat. Dec. 15 at 4pm. In collaboration with Niagara Multi-Folk-Arts Song and Dance Ensemble. Dinner, Show & Door prizes, \$15. For tickets, contact Ling at Ext. 227 or Josefina at Ext. 228

#### YOUTH

#### **Programming for youth age 13 and up:**

**Youth Group** meets Wednesdays from 2:30pm to 6pm in the youth lounge (No meeting December 26<sup>th</sup>, 2018)

**Homemade Holiday Gifts:** Wednesday December 12; 4-7pm  
**Conversation Cafe** meets Mondays from 3pm to 4:30pm in the youth lounge

**Youth Council** meets once per month; see Melenie for more details

**After School Program at Canadian Martyrs:** Closed for two week school break Dec. 24 to Jan. 4, 2019.

**For more Info,** contact Melenie. [youth@folk-arts.ca](mailto:youth@folk-arts.ca) or 289-241-5913 (cell).

**NOTE: SOME PROGRAMS HAVE ELIGIBILITY AND / OR PRE-REGISTRATION REQUIREMENTS**

**We thank our funders:**



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